

AQUA SPA

call or email the front desk to reserve your in room or garden treatment

MASSAGE

- **CALMING SWEDISH MASSAGE**
RELIEVES STRESS, REDUCES ANXIETY, INCREASES WELL BEING.
FOR THE ATHLETE MASSAGE
STIMULATES LYMPHATIC AND CIRCULATORY SYSTEMS. IMPROVES RANGE OF MOTION. REDUCES RECOVERY TIME.
CUSTOMIZED HEALER MASSAGE
PERSONALIZED MASSAGE SESSION CAN ADDRESS THE ENTIRE BODY OR FOCUS ON SPECIFIC TREATMENT FOR TENSION AREAS.
- **COUPLES DELUXE SESSION**
THE SESSION BEGINS WITH A FOOT MASSAGES WITH YOUR PARTNER FOLLOWED BY FULL BODY MASSAGES. FINALLY YOU ARE SERVED CHOCOLATE COVERED STRAWBERRIES AND CHOCOLATE TRUFFLES WHILE YOU SNUGGLE TOGETHER AND A SPARKLING BEVERAGE .



L' Standart Massage
60 min - in room massage
1 guest \$220 - 2 guests \$420



L' Crown Massage
60 min - in room massage
covered chocolate strawberry - bubble beverages - hot stones
1 guest \$250 - 2 guests \$498

option
Soft Or Deep

CUPPING

- **THERAPEUTIC CUPPING & MASSAGE +\$50**
COMBINE MUSCLE MASSAGE MODALITIES WITH CUPPING TO ENHANCE YOUR MASSAGE TREATMENT. CUPPING IS A WONDERFUL COMPLEMENT TO TRADITIONAL MASSAGE IN THAT IS CREATES SPACE, BREAKS UP ADHESIONS, AND STARTS TO REMOVE WASTE PRODUCT FROM ADHERED AREAS. GREAT FOR OLD INJURIES, INJURY RECOVERY (SUB-ACUTE), CHRONIC PAIN, AND SCAR TISSUE.
- **FACIAL BEAUTY CUPPING +25**
A SIMPLE AND RELAXING LYMPHATIC PROTOCOL FOR THE FACE THAT BRIGHTENS AND TONES SKIN, REDUCES SWELLING AND RELAXES FACIAL TENSION. BY GENTLY LIFTING THE SUPERFICIAL LAYERS OF SKIN, WE PROMOTE THE CIRCULATION OF FLUIDS WHICH REDUCES THE LOOK OF LINES AND WRINKLES. SAGGING SKIN APPEARS TAUTENED BY ELIMINATING ADHESIONS IN THE TISSUE AND REMOVING EXCESS FLUID.
GREAT FOR SINUS CONGESTION OR TO PREPARE FOR A FACIAL.



MASSAGE SERVICES

OUR SIGNATURE MASSAGE SESSION INTEGRATES MULTIPLE MODALITIES OF MASSAGE AND HEAT THERAPIES TO RELAX THE BODY, EASE MUSCLE TENSION, AND IMPROVE CIRCULATION. YOUR THERAPIST WILL CUSTOMIZE YOUR SESSION BASED ON YOUR NEEDS AND THEIR SPECIALTIES USING LIGHT TO MEDIUM PRESSURE TECHNIQUES, STRETCHING AND COMPRESSION. FOR YOUR MASSAGE, SELECT FROM OUR VARIETY OF HOUSE BLENDED AROMATHERAPY OILS OR CHOOSE A HYPOALLERGENIC OPTION.

OUTDOOR MASSAGE AVAILABLE DURING SPRING-SUMMER SEASON

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FACIAL CARE

- **ILLUMINATING FACIAL \$180**

PERFECT FOR UN-EVEN SKIN TONE, MELASMA, ACNE-SCARRING AND HYPERPIGMENTATION ARE ADDRESSED IN THIS BRIGHTENING TREATMENT.

PURIFYING OXYGEN FACIAL

THIS HIGHLY EFFECTIVE COMBINATION OF PURE AND BOTANICAL OXYGEN AND LED LIGHT THERAPY. IT INCLUDES A GENTLE SURFACE EXFOLIATION, CUSTOM ENZYME PEEL, THROUGH EXTRACTIONS.

- **PURIFYING OXYGEN FACIAL \$250**

THIS HIGHLY EFFECTIVE COMBINATION OF PURE AND BOTANICAL OXYGEN AND LED LIGHT THERAPY, IT INCLUDES A GENTLE SURFACE EXFOLIATION, CUSTOM ENZYME PEEL, THOROUGH EXTRACTIONS, CUSTOM SERUM, OXYGEN DOME THERAPY IS CALMING AND ANTIBACTERIAL, HELPING THE SKIN TO HEAL AT THE CELLULAR LEVEL. THE COMBINATION OF OXYGEN AND VITAMINS LEAVES YOUR SKIN WITH A HYDRATED HEALTHY GLOW.

- **RED CARPET FACIAL \$250**

THIS IS A WONDERFULLY THERAPEUTIC FACIAL, GLOW, SCULPT, LIFT, SOOTHE, PLUMP, AND HEAL; WHILE BOOSTING RADIANCE, IMPROVING COLLAGEN PRODUCTION, AND FIRMLING AND SMOOTHING FINE LINES AROUND THE EYES, UPPER LIP AND HANDS. USING WINNER FILLER. FOR ALL SKIN TYPES.

ORGANIC FRUIT ENZYMES DISSOLVE DEAD SKIN AND CLEANSE PORES, WITHOUT THE HARSH SIDE EFFECTS OF A CHEMICAL PEEL.

- **DERMAPLANNING +50**

+20 MINUTES

IS A SIMPLE AND SAFE PROCEDURE FOR EXFOLIATING THE EPIDERMIS AND RIDDING THE SKIN OF FINER VELLUS HAIR (PEACH FUZZ). CHEMICAL PEELS CAN BE ADDED AFTER THE PROCEDURE DEPENDING ON YOUR SKIN CONDITION.

- **MICRONEEDLING +800**

SKIN REJUVENATING TREATMENT THAT USES TINY NEEDLES TO INDUCE A CONTROLLED INJURY TO THE SKIN, WHICH STIMULATES COLLAGEN PRODUCTION. THE SMALL WOUNDS TRIGGER THE SKIN TO REPAIR ITSELF BY PRODUCING NEW COLLAGEN WHICH MEANS PLUMPER, SMOOTHER HEALTHIER SKIN. WHILE MICRONEEDLING ITSELF HAS BEEN AROUND FOR MANY YEARS, SOME OF THE NEWER DEVICES ARE DESIGNED TO DELIVER SKIN SOOTHING INGREDIENTS, SUCH AS HYALURONIC ACID, DEEPER INTO THE DERMIS THAN JUST A TOPICAL VERSION OF THE INGREDIENT WOULD GO. MICRONEEDLING IS THE PERFECT LUNCHTIME TREATMENT WITH MINIMAL DOWNTIME.

- **PEELING TREATMENTS \$300**

THIS HIGHLY EFFECTIVE COMBINATION OF PURE AND BOTANICAL OXYGEN AND LED LIGHT THERAPY, IT INCLUDES A GENTLE SURFACE EXFOLIATION, CUSTOM ENZYME PEEL, THOROUGH EXTRACTIONS, CUSTOM SERUM, OXYGEN DOME THERAPY IS CALMING AND ANTIBACTERIAL, HELPING THE SKIN TO HEAL AT THE CELLULAR LEVEL. THE COMBINATION OF OXYGEN AND VITAMINS LEAVES YOUR SKIN WITH A HYDRATED HEALTHY GLOW.

- **FIBROBLAST \$1300**

FIBROBLASTS PLAY AN IMPORTANT ROLE IN HELPING SKIN WOUNDS HEAL AS WELL AS MAINTAINING SKIN FIRMLINESS AND TIGHTNESS.

PLASMA FIBROBLAST THERAPY USES A PEN-LIKE DEVICE THAT DISCHARGES A HIGH-FREQUENCY ELECTRIC CURRENT TO SMALL AREAS OF THE SKIN.

THE PLASMA TIP DOESN'T DIRECTLY TOUCH THE SKIN, BUT INSTEAD RELEASES A TARGETED CURRENT JUST ABOVE THE SKIN. THE HOT CURRENT CREATES SMALL HOLES, OR MICRO-INJURIES, IN THE SKIN'S LAYER.

HEALTHCARE PROVIDERS MAY ALSO CALL THIS APPROACH PLASMA SKIN RESURFACING.

- **DELUXE MANICURE \$150**

- **DELUXE PEDICURE \$150**

